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The Cities' 75 Best Spots for Lunch

Let's Lunch

BY DARA MOSKOWITZ GRUMDAHL

Where and why and on what we lunch—these are the questions of adult human life. Zebras don't lunch. Lions and chimpanzees don't, either. We may say they do. We may even provide these noble beasts a mid-size meal at noon because we presume everyone likes a mid-size meal to separate the work of the morning from the work of the afternoon, but these regal animals don't really *lunch*. They eat what they can, when they can, simply because a fresh patch of grass or a wounded gazelle or a fruit plate presents itself. Human children do lunch, but not freely. They get cheese sandwiches in their lunchbox and, upon opening it, they like it or lump it. In fact, maturity as a citizen in present-day life is marked by the minute, the hour, the day you are put in charge of your own lunch. A 17-year-old gets a taco on a tray from the school cafeteria; an 18-year-old gets to leave campus and eat whatever they want. Lunch is freedom! Ah, freedom: the one thing every truly successful American lacks. Let's face it, adult life is an arena in which you make a series of trades, accepting ever-greater amounts of responsibility and ceding ever-greater amounts of freedom. This goes on until, if you are truly a pillar of your community, you end up with about 20 free minutes a week to call your own. And the odds are great—almost a lock, even—that you will spend that time on lunch. But beware: If you don't pay attention, you might end up eating at the chain sandwich place with meat that tastes like salted marshmallow. So make the most of your hard-earned adult freedom: Eat lunch. And eat lunch well, at one of the following 75 places—the best lunches in the Twin Cities.

17 Best Sandwiches

Papa's Restaurant and Deli

“The Champion of local cheesesteaks is the beefy , briny Papa's”

4159 Thomas Ave N., Mpls.
651 521 PAPA (7272)
www.eatatpapas.com